



## Regional Planning Internship

The [Southeastern Connecticut Council of Governments](#) (SECOG) seeks one or more summer interns to assist SECOG staff. Interns will support activities across all program areas, including SECOG's regional planning, environmental, transportation, and municipal services programs.

### About the Position

SECOG seeks students aspiring to careers in planning and/or government to provide support for the agency's regional and local planning initiatives. This will provide exposure to multiple areas of planning, including transportation and local land use planning. Interns will participate in comprehensive regional planning activities, assist in planning and administering transportation projects, and contribute to municipal technical assistance projects. Interns will have the opportunity to participate in tasks including the following:

Fieldwork:	Documentation of existing conditions related to parks and open space, transportation, brownfields redevelopment
Public Outreach:	Develop presentations, meeting materials and social media related to housing development and other topics, assist with event planning
GIS/Regulatory Analysis:	Assist with the analysis of factors that impact the potential development of properties for housing, and other topics
Writing/Communications:	Contribute to research papers and reports (topics may include demographic trends, land use regulation, flood hazards)

Current SECOG projects include developing a regional housing needs assessment and growth plan, supporting a regional stormwater partnership, and directing the development of transportation plans related to transit and bike/ped infrastructure.

Interns will work up to 35 hours per week. Work is generally performed at SECOG's offices in Norwich, with occasional fieldwork and telework.

Compensation: \$20 per hour (undergraduate)  
\$23 per hour (graduate)

## **Qualifications**

Candidates must be enrolled or recently graduated (within one year) in a college or graduate school program. Successful candidates will have demonstrated interest/experience in local or regional planning and have a willingness to collaborate with coworkers, partner agencies and local and regional stakeholders. Applicants should have excellent verbal and written communication skills and experience with project management, analyzing and presenting data, and preparing technical written reports. Technical skills should include familiarity with Microsoft products and ArcGIS.

## **Application Process**

Send cover letter and resumé to:

Amanda E. Kennedy, AICP, Executive Director  
Southeastern Connecticut Council of Governments  
5 Connecticut Avenue, Norwich, CT 06360  
akennedy@secogct.gov

Closing date: April 17, 2026

Applications will not be accepted without a resumé and cover letter.

## **About the Southeastern Connecticut Council of Governments**

*Watch video: "[We Are SECOG](#)"*

SECOG serves 22 municipalities with a total population of 280,430 and functions as the region's Metropolitan Planning Organization. Primary focus areas of SECOG are regional planning, which includes producing studies and plans that inform the responsible development of the region; transportation planning and prioritization of State and Federal transportation funding; and regional services, which include staffing assistance to local land use commissions and coordinating inter-municipal cooperation. SECOG staff have opportunities to engage in multiple subject areas including land use regulation, economic development, natural resource conservation, transportation, housing, human services, sustainability and resilience, renewable energy, and emergency management.

\*An Affirmative Action/Equal Opportunity Employer\*